

Sweet Season Quilts

Making and Adding Single Fold Binding

Single fold binding is what I teach, and recommend, for wall hangings. Double fold binding is needed for bed quilts, but single fold is perfectly acceptable for wall hangings (and table runners, placemats, etc.) So, here's how it's done

Step 1 Following pattern directions, cut as many 1-1/2" strips as needed to bind the perimeter of your quilt top. If for than one strip is needed, sew them together with mitered corners.



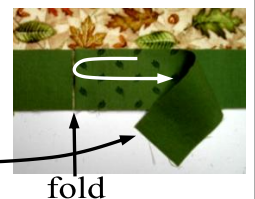
Step 2 Lay quilt on table, Front side facing up.

Mark center of one long side edge, lay binding, face down, as shown. Sew binding, through all layers, 1/4" from edge, leaving a 6" starting tail, AND, stopping 1/4" from corner.

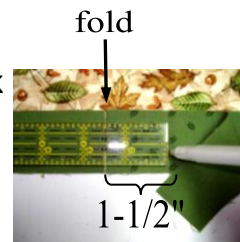


Step 3 Angle binding 45° upward, then straight back down over itself. Sew quarter inch seam to next corner again stopping 1/4" from corner. Repeat all the way around. When you return to starting edge, stop sewing at least 6" from center mark.

Step 4 Lay "end" binding strip over starting strip. Fold strip back as shown.



On "end" strip, measure and mark 1-1/2" from FOLD. Draw line and cut on line.



Step 5 Sew ends together as shown. Trim and press seam open. Finish sewing binding to quilt edge.



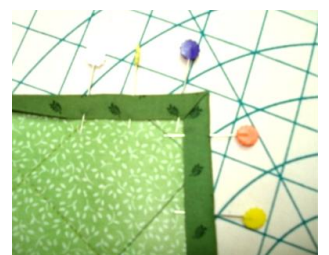
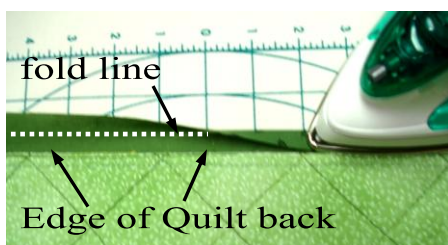
Step 6 Lay quilt on ironing pad. Press as shown here.



Step 7 Flip quilt over, right side down. Turn binding over about 1/2", press.

Turn and Tug and "snug" the binding over quilt edges. Press – pin every 2 inches apart.

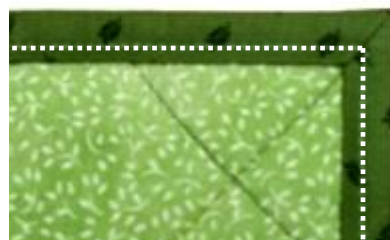
Turn corners, Pin (or clip)



Step 8 At sewing machine, carefully turn face up and position needle so it falls directly "in the ditch" between binding and quilt top. Sew around quilt edges, removing pins as you come to them.



Quilt Front



Quilt Back

Note: I always use thread that matches the binding. For demo purposes, I used contrasting thread.