

# “Up North Spring”

## Workshop

with Sue Pritt



Thank you for signing up for our one day workshop with designer/teacher, Sue Pritt.

Learn or brush up on techniques of raw-edge fusible appliqué, free motion quilting, and quilting ‘as-you-go’; with hints, tips and fun throughout the day!

We’ll be starting off the class with sandwiching and quilting!

Please have your backing & batting ready to go!

And, besides your pattern & fabrics, please bring the following . . .

\_\_ sewing machine (oiled, cleaned and must know how to thread & use your machine)

\_\_ walking foot (VERY IMPORTANT!)

\_\_ open toe appliqué (or darning) foot

\_\_ threads to match appliqué pieces

\_\_ filled bobbins to match appliqué

\_\_ extra needles & extra bobbins

\_\_ rotary cutter with new blade

\_\_ rulers: \_\_24” ruler \_\_12 ½”square

\_\_ cutting mat -18”x 24” is a good size

\_\_ 505 or Mettler basting spray (no others allowed, please)

\_\_ safety pins if NOT using spray

\_\_ small appliqué scissors with micro-sharp points

\_\_ *long* straight pins & *magnetic* pin holder

\_\_ quilting gloves

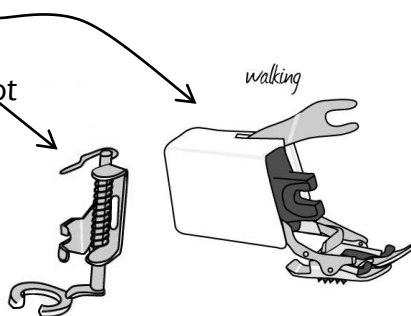
\_\_ erasable OR washable fabric marking pen or pencil

\_\_ appliqué pressing sheet

\_\_ extension cord (at least a 9 foot cord)

\_\_ iron and ironing pad (unless supplied by shop or guild)

\_\_ lunch and beverage (Chocolate is always good, too!)



These are optional & may be supplied by shop

**\* If you do not have a walking foot OR appliqué foot – please buy or borrow them! They are required for this class!**

**\* PLEASE \*  
PRECUT your Backing Fabric and Batting!  
21” x 21”  
See reverse side for more pre-cutting!**

# “Jump Start” for cutting AND making appliqué for “Up North Spring”

## Step 1 - Cutting the “B’s” – Backing, Batting, Borders, Binding and Background

Backing fabric & Batting -----cut 21” x 21” *each*  
Inside Border – Med.Green ----- cut four – 1” x 21”  
Outside Border – Green Print-----cut four - 2¾” x 21”  
Binding – Green Print-----cut four - 1½” x 21”  
Background – Sky Blue-----cut one - 12½” x 12½”

*If you have done fusible web appliqué before you may want to get a jump start on the fusing and cutting, HOWEVER, we can do this in class.*

*The following directions are ONLY if you feel comfortable doing some things on your own.*

**NOTE:** not all paper backed fusible webs are created equal! The following are the ones that I have used and know work well – I cannot guarantee the success of any others. So I’d recommend one of these . . . Print-N-Fuse – Lite Heat & Bond – Soft Fuse.

**NOTE:** If you purchased a kit with pre-printed fusible web sheets – skip to step 3

**Step 2** - Trace OR photocopy all the appliqué patterns from pages 2, 3 & 4 onto the paper side of fusible web sheets. Use either a light fusible web for tracing – OR – Use “printable” fusible web sheets with your inkjet printer.

✦ Cut apart the sections of the fusible sheets on dashed lines. ✦

✦ Do NOT trace or photocopy page 5. It’s the placement guide page and not appliqué patterns.

**Step 3** - Fabrics – use unwashed fabrics (OR washed fabrics, but do NOT add fabric softener).

TIP: Batiks are *always* best for raw edge fusible web appliqué!

**Step 4** - Cut your fabric to the size listed on each section of the appliqué pages.

**Step 5** - Fusing – lay fabric, ✦ RIGHT SIDE DOWN ✦ on ironing pad. Lay fusible web sheet, sticky side down over fabric. The paper side that you traced or photocopied will be facing up.

**Step 6** - With a hot iron (wool or cotton setting), PRESS the fusible web sheets to the fabrics.

Do NOT slide the iron around, instead “lift and press”.

**Step 7** - After fusing all the appliqué sheets to your fabrics, cut out the patterns on the traced lines.

TIP: for tiny pieces, cut a quarter inch margin around the shape; you’ll cut them out completely in class!

✦ Do NOT peel paper from the back of the appliqué pieces.

**Step 8** - Separate cut out pieces according to their “part number”, and place in separate baggies.

Example: Place all “G” shapes (pieces) into one baggie; all “H” pieces into another baggie, etc.

\* Place pieces without part numbers into one large zip-top baggie.

Be sure to bring all your baggies to class, AND any leftover fabric.

(You never know if you might need a bit more. ☺)

Don’t forget your walking foot - AND – open-toe, free motion (darning) foot!

See you soon!

*Sue Pritt*